Alex Kelly

Founder, WayMakers Devon CIC

Neuroinclusion coach, trainer and consultant

alex@waymakers.co.uk | 07309 563 563

WayMakers

Hope, possibility, and turning talk into actions that matter.

What I do

I support people and organisations to create shared spaces for different neurotypes to belong, and explore how to make that work in practice.

For individuals: 1-to-1 coaching and profile mapping. We combine clear information about your body-mind experiences and co-create steps forward. Centred on your values and strengths, we strive for more fulfilment, and less friction.

For organisations: training, talks and consultancy for workplaces, schools, healthcare and community settings. Staff leave with more confidence, a shared language and tools they can use straight away.

For communities: our RISE youth programme and codesigned cards for more positive experiences of school — RISE With Me. We also host the PINN Forum for service providers across Northern Devon.

About me

I've worked alongside neurodivergent young people and adults **since 2014**. I started as a teacher in mainstream, PRU and specialist settings, and I now run a lived-experience-led social enterprise.

A late ADHD diagnosis in my mid-40s made sense of a lot. It also sharpened something I'd seen for years: many of the barriers people face come from how schools, workplaces and services are set up. And those can change.

I'm a **big-picture connection-seeker and small-details solution-finder**. I listen to understand, give an honest and balanced view, and bring compassion, practical realism and plenty of conviction. Warm and boundaried, flexible and consistent: I don't think you have to choose.

615 people
reached through 37 workshops (2025–26)

4.9/5
coaching satisfaction

4.8/5
workshop satisfaction

RISE featured on *Three Ages of Child*
BBC Radio 4

> Alex has been instrumental in helping me understand my neurodiversity and embracing the many possibilities this acceptance brings.
> I feel empowered, liberated and confident as I embark on my freelance voyage.
>
> — Job coachee, 2025

> One thing I truly enjoyed was discussing specific situations with colleagues and the facilitator, and gaining ideas of how to deal with those specific scenarios.
>
> I am dyslexic and a lot of this course resonated and gave me hope. It made me feel inspired to create a compassionate and considerate team.
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> — Workshop attendee: Middle Manager. regional team, 2026

Organisations I've worked with: North Devon Hospice. National Trust. UNISON. Citizens Advice. South Hams District Council. West Devon Borough Council. Petroc College. Royal Devon University NHS Foundation Trust.

Human-centred neuroinclusion for individuals, teams, employers and communities.
Practical, relatable, built on lived and professional experience of where trust matters.

Website: waymakers.co.uk | **LinkedIn:** @alex-kelly-waymakers
Facebook: @WayMakersDevon | **Instagram:** @waymakers_uk