

Appreciating Autism

and nurturing neurodiversity



Since up to **1 in 5** of the general population are estimated to be neurodivergent, and **80%** of disabilities are 'hidden', we need a paradigm shift in our appreciation of neurodiversity.

Our workshops are designed to help you understand and appreciate the ways in which autism can present itself, the challenges that might arise, and the strengths of the individual.

Neurodiversity is all around us: let's embrace that.

CPD workshops with WayMakers Devon, specialists in autism and anxiety.

What is
neurodiversity?

What is autism?

Contrasting
models of
disability.

Myth-busting
around autism.

Variations,
'spiky profiles'
and common
strengths

The spectrum of
difference.

Sensory
processing.

Context,
prediction &
preparation.

Autism in girls
and women.

Executive
functioning.

Anxiety &
mental
wellbeing.

Autism Power Hour

Understanding and Appreciating Autism

Autism in Depth

Autism in Depth with bespoke activities

All workshops include time for Q&A.

60 minutes

90 minutes

2½ hours

3+ hours